

AIKIDO SEMINAR



under the direction of
Pascal Guillemain sensei (6th dan)
in Helsinki (Finland),
January 26–28, 2018

Venue: Liikuntamyly Sports Hall, Myllypurontie 1, Helsinki
Metro: Myllypuro (Direction: Mellunmäki)

Schedule:

Friday, Jan. 26: 19.30–21.00
Saturday, Jan. 27: 10.00–12.00
14.30–15.30 *bokken* or *jo**
15.30–16.30
Sunday, Jan. 28: 9.00–10.30

* Please bring your own *bokken* and *jo*.

Fees: Whole seminar: 50 €
Two days: 40 €
One training session: 15 €

Accommodation: It is possible to stay overnight at Awase dojo (Cable Factory, Tallberginkatu 1 C, 4th floor, Helsinki). Price: 5 € / night. Please bring your sleeping bag!

Further information: Mari Wiklund: mari@finnaiki.fi

The seminar is organized by Finn-Aiki club (www.finnaiki.fi). Welcome!! ☺